

“Identify, Support, Listen
to Young Carers”



3rd International Young
Carers Conference

GUIDELINES FOR SUBMISSION OF ABSTRACTS





THEMES

The key conference themes/subthemes to choose from:

IDENTIFY:

Let's ensure that young carers are no longer invisible

- Cultural/family expectations around caring and their influence on **(self)-identification of young carers**
- Reaching out to young carers and, in particular, **hidden groups** (e.g. from migrant communities, LGBT, male young carers, rural young carers)
- **Raising awareness** about young carers among general public, professionals and policy makers in a not stigmatizing way
- **Breaking down barriers and empowering professionals** so that they can identify young carers

SUPPORT:

Enabling young carers to reach their full potential

- **Assessing young carers' needs** and providing support tailored to individual needs
- Addressing the specific challenges faced by **young carers in transition to adulthood**
- Towards **young carers' friendly educational and/or employment systems**
- Supporting **young carers' (mental) health and wellbeing**
- **Whole family, multi-stakeholder approaches** to support young carers
- **Technology** advancements for young carers

LISTEN TO:

Giving the floor to the experts by experience

- Caring as a continuum ranging from caring about to caring for: **personal stories of young carers/former young carers**
- Experiences of **co-design** of research and development work with young carers
- Experiences of **practitioners working directly with young carers**

If your abstract does not fit into any of the above themes/subthemes, you can choose the option "Other".



TYPES OF PRESENTATION

Submissions can focus on a research, a policy, a practice, a legislation - from a local, regional or national level- or an experience.

Please find below suggestions about the content for each type of presentation

PRESENTATION TYPE	EXAMPLE OF CONTENT
Research	Theory/background, key findings, limitations, suggestions for future research.
Policy initiative	Policy context and objective, targeted population, description of policy initiative, key findings, lessons learned and transferability of the policy.
Practice	The context, description of the practice change implemented, targeted population, timeline, comments on sustainability, comments on transferability, key findings and lessons learned.
Legislation	Legislative context and objective, targeted population, key findings, lessons learned, impact, how legislation translates into practice.
First hand/ personal experiences	Your experience, the challenges you faced, how you overcame them, what helped, what could have helped, what recommendations would you like to make – to which stakeholders- based on your experience.



FORMAT OF PRESENTATION

We want to provide a creative space, so we can accommodate different formats:

Single oral paper presentations (part of a broader session)	<p>🎤 The paper will be grouped with other papers by topic, and moderated by a chairperson, selected by one of the scientific committees.</p> <p>🕒 Time allocated to each presentation: 15 minutes, followed by approximately 10 to 5 minutes' discussion with the audience</p>
Symposia (input from different speakers on a single topic)	<p>🎤 One chair plus a maximum of 5 speakers. The symposium is designed to take an organized, unifying approach to the selected topic. The symposium leader moderates the discussion.</p> <p>🕒 Time allocation: 75 minutes approximately, including time for discussion with the audience.</p>
Video	<p>🕒 Time allocation: 5 minutes for the video plus 10 minutes for discussion with the audience.</p>



SUGGESTED STRUCTURE OF ABSTRACTS

- Introduction (rationale and core aim of the workshop and how it is related to the selected theme and subtheme)
- Objectives
- Target audience
- Learnings/Take away message/s
- Outline plan for the session plus timing. Please outline how you'll ensure interaction with the audience
- List of key references/resources

! The last two items are not included in the word count.

⚠ Word limit for individual papers and video: 250 words.

The above structure is valid for individual presentations and video.

In the case of a symposium, you are required to provide an overall abstract followed by an individual abstract for each presentation. Please add to the items indicated above for workshops the following points:

- Title of each presentation
- The main discussion points raised in each individual presentation

⚠ Word limit for symposia: no more than 1000 words.

⚠ Abstracts can be presented and submitted in English.

If you have any questions,
please contact
Annica Larsson Skoglund
e-mail: annica@anoriga.se
tel: + 46 480 418024.