# IO3 Facilitators' Competences Online Self-assessment Tool

*European Association for Social Innovation*

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**CARE4DEM - Dementia Caregivers Support**

Self-Assessment Instrument

# Online Self-Assessment Tool

## What it is?

The online Self-Assessment tool was designed to help the facilitators gain a better understanding of their personal facilitation tendencies, which greatly affect their interaction with the mutual support group they facilitate.

# Online Self-Assessment Tool

**The Assessment Tool Structure**

**It is divided in two parts:**

- the first part is the introduction, presenting the Care4Dem project and describing the assessment tool;
- the second part is the Self-Assessment Tool itself, that asks the facilitators to reflect on the 7 competencies indicated in the shorter version of the competence profile;

# Online Self-Assessment Tool

**The main objectives of the assessment tool are:**

- to offer guidance to those who want to improve their competencies and get involved in the implementation of an online MAG;

- to identify the facilitators' strengths and weaknesses that can be further developed through the learning program;

- to provide users with a hint on the competencies that should be explored in order to deliver a high-quality online support group;

- to support the organisations and professionals willing to assess their competencies and to bring professional development through the B-learning training course.

# Online Self-Assessment Tool

**Target group**

**Potential facilitators:**

- caregivers with experience
- health or social care professionals

# Online Self-Assessment Tool

## Where to find it?

The tool can be accessed in multiple languages
- English
- Portuguese
- Romanian
- Spanish
- Italian

through the following link:

https://cdn.jotfor.ms/easi.assistant/Care4Dem-self-assessment-tool

# Online Self-Assessment Tool

## When to use it?

| | |
|---|---|
| **Phase 1** | This tool represents the first step of the learning path foreseen by the Care4Dem project since will help to identify the facilitators' strengths and weaknesses that can be further developed through the learning program. |
| **Phase 2** | The assessment tool will also allow to test the users' competencies after having completed the learning program in order to visualise the progress made. |

# Online Self-Assessment Tool

## How to use it?

The items of the Self-Assessment were built in accordance with the Shorter Competence Profile, where the user, according to his/her knowledge and experience, have to place him/herself between the two available options, by choosing the one that best suits him/her.

In order to receive the report, the users will complete their **email address** at the end of the assessment.

# Online Self-Assessment Tool

If an informal caregiver, a professional or an organization wants to make use of the physical version of the tool, they can request the support of the local organization involved in the project.

https://eurocarers.org/Care4Dem/partners/

# Thank you!

**More information:**

http://www.eurocarers.org/care4dem/index