

# Online MAGs piloting

CASO50+, Associação - PT



Erasmus+

Founded by the Erasmus + Programme of the European Union

# NUMBERS



22 registrations  
13 effective participants  
3 groups  
2 facilitators per group



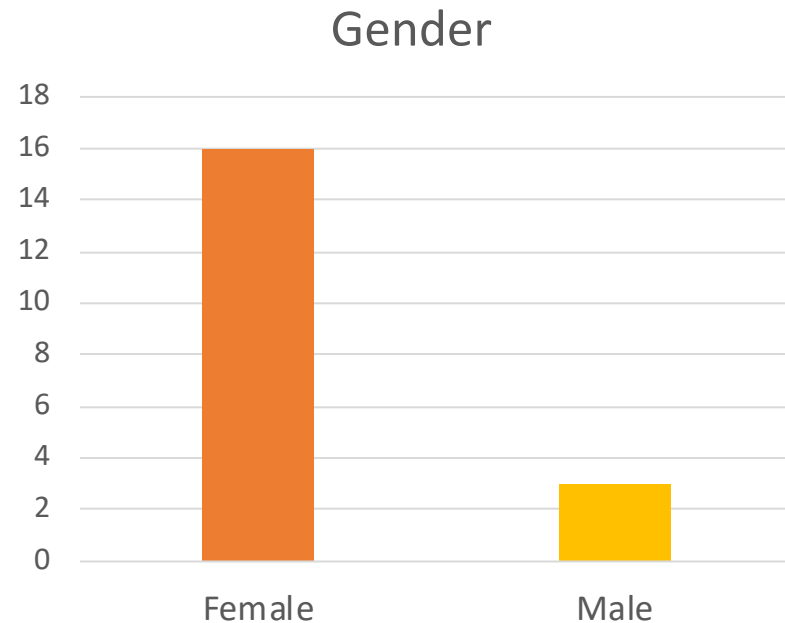
? registrations  
? effective participants  
? groups



26 registrations  
9 effective participants  
2 groups

# Profile post-test\*

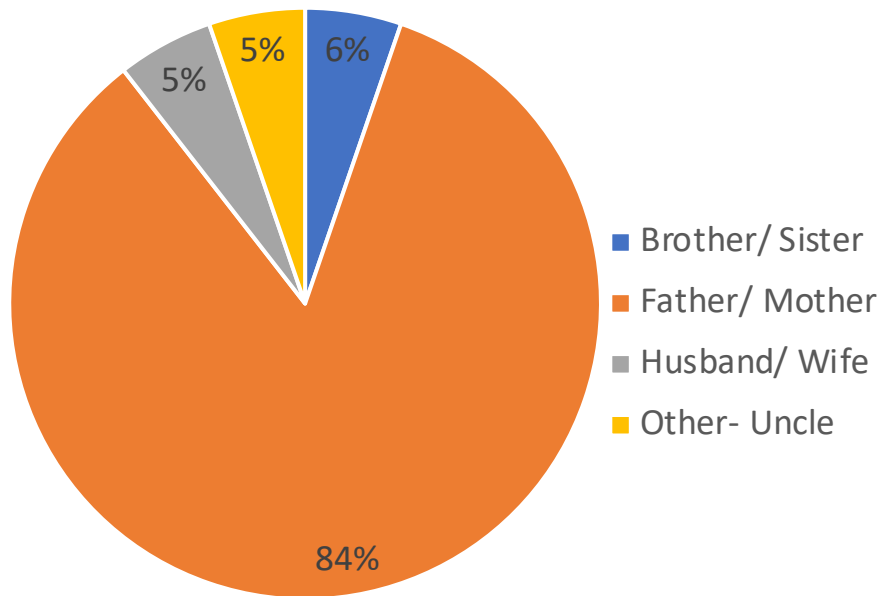
MEAN AGE	
Total	52,95
IT	53,10
RO	33,00
PT	58,43



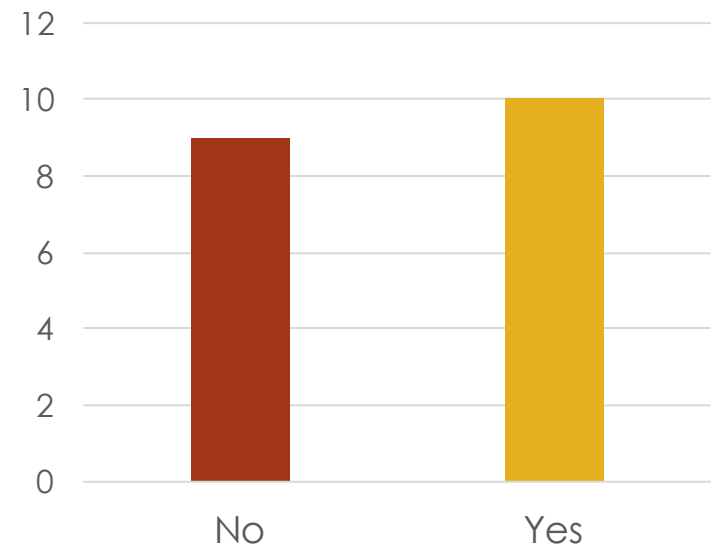
\*Data from 19 participants who filled the post-test questionnaire

# Profile post-test\*

## Kinship



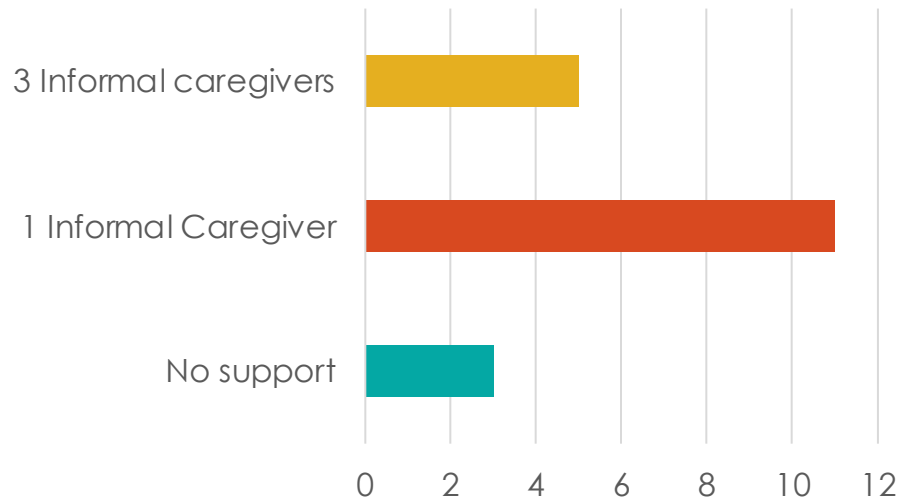
## Living together



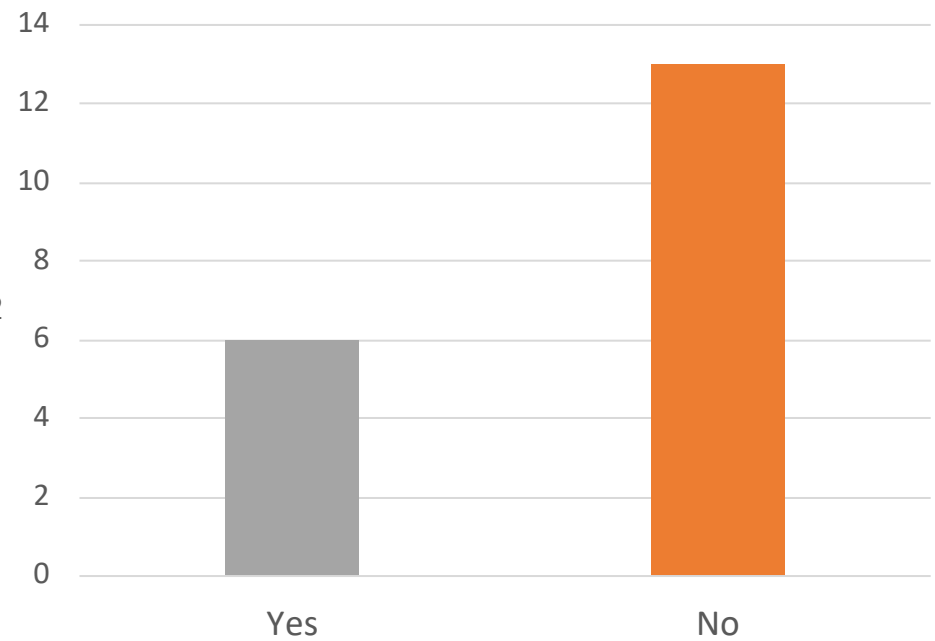
\*Data from 19 participants who filled the post-test questionnaire

# Profile pos-test\*

## Other informal caregivers involved in care



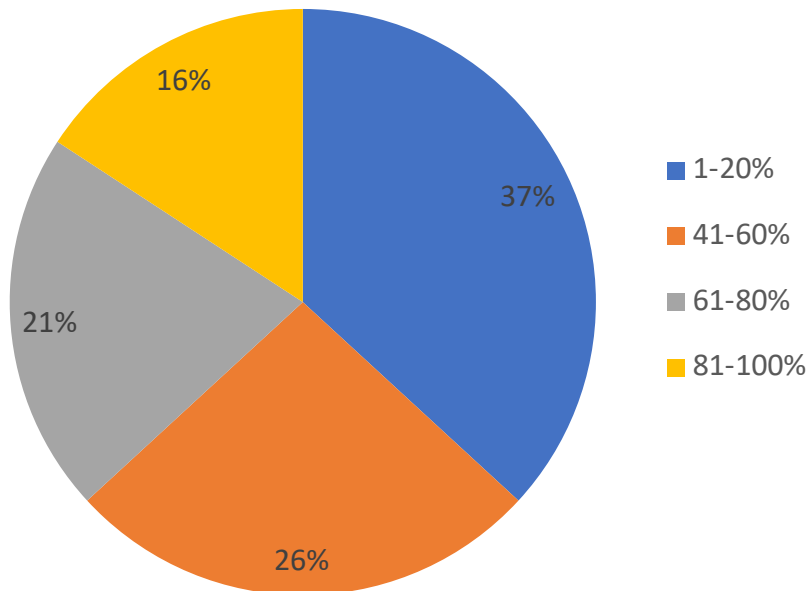
## Professional help



\*Data from 19 participants who filled the post-test questionnaire

# Profile pos-test\*

## Level of contribution to care



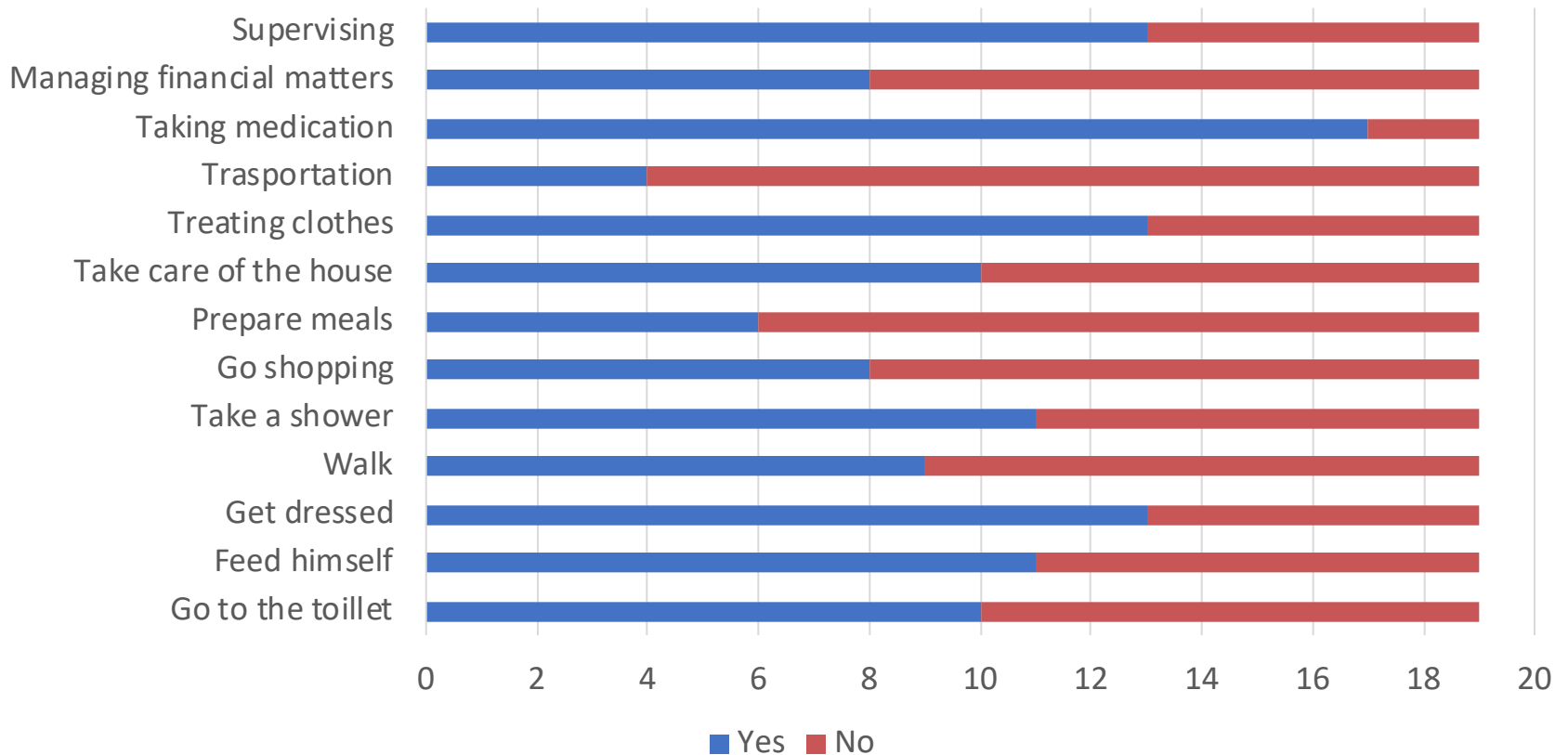
Time sleeping (mean)- 8,11 hours

Time performing care (mean)-  
7,73 hours

Number of care tasks (mean)- 7

# Profile pos-test\*

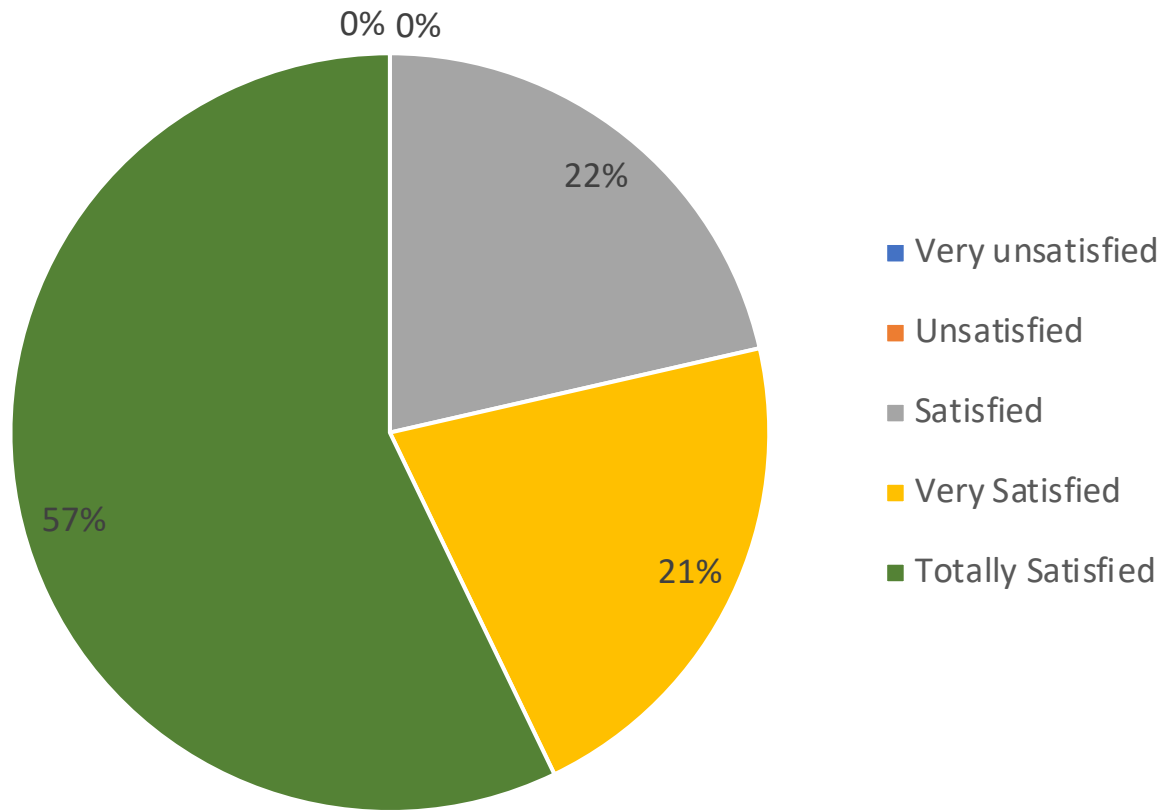
## Caregiving tasks



\*Data from 19 participants who filled the post-test questionnaire

# Satisfaction

## General satisfaction with MAG

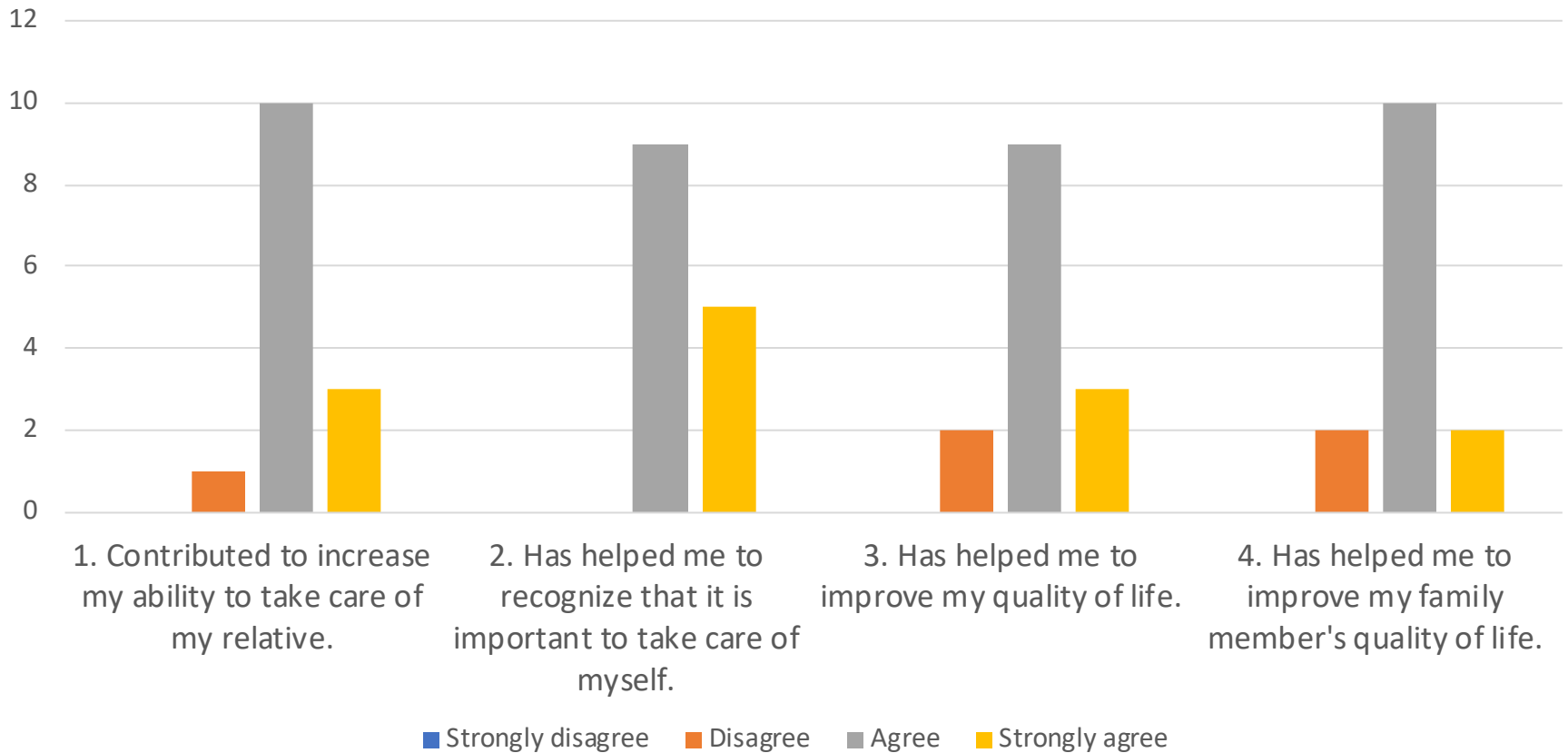


\*Data from 19 participants who filled the post-test questionnaire



# Satisfaction

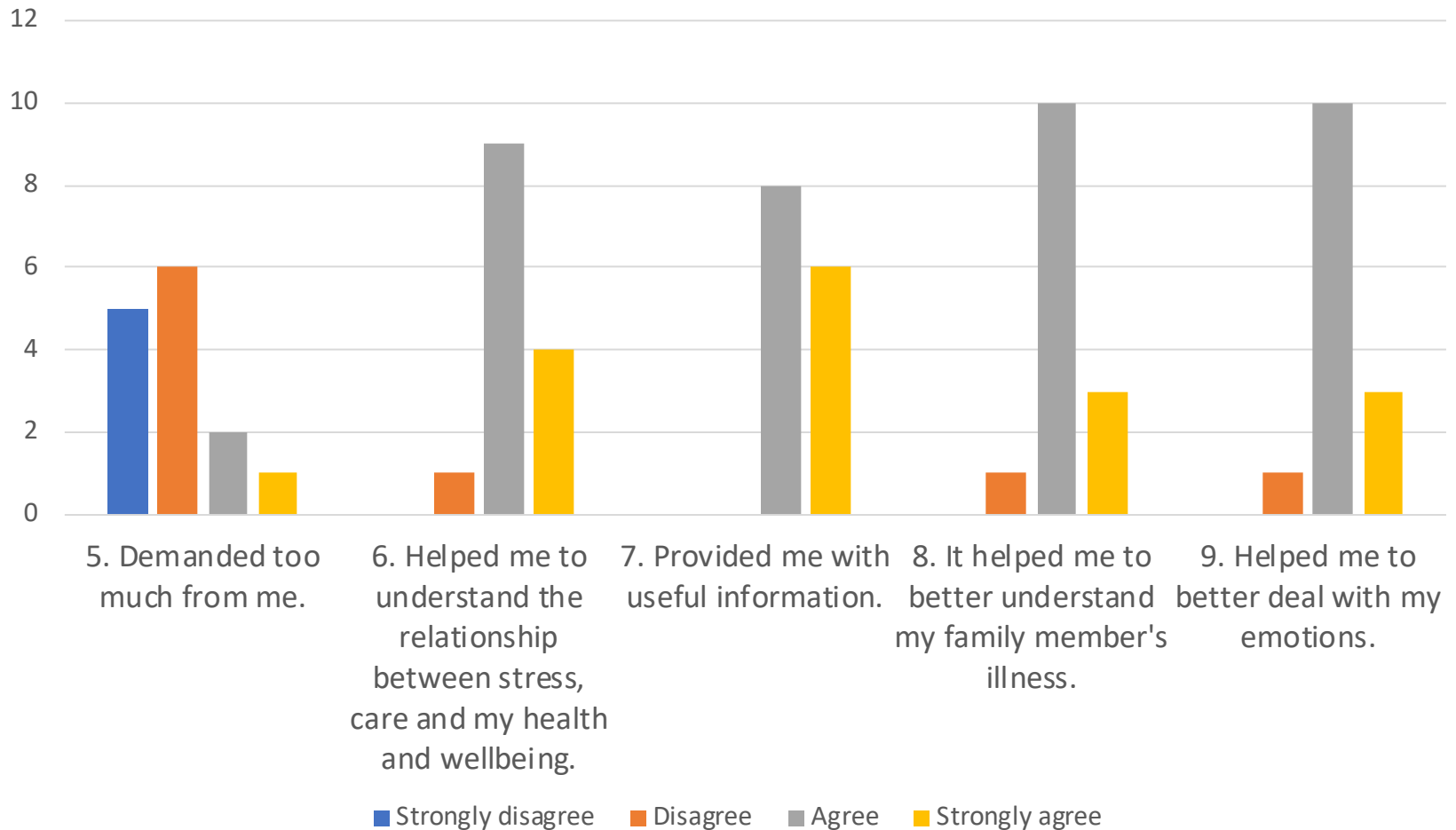
## Satisfaction with MAG [1]



\*Data from 19 participants who filled the post-test questionnaire

# Satisfaction

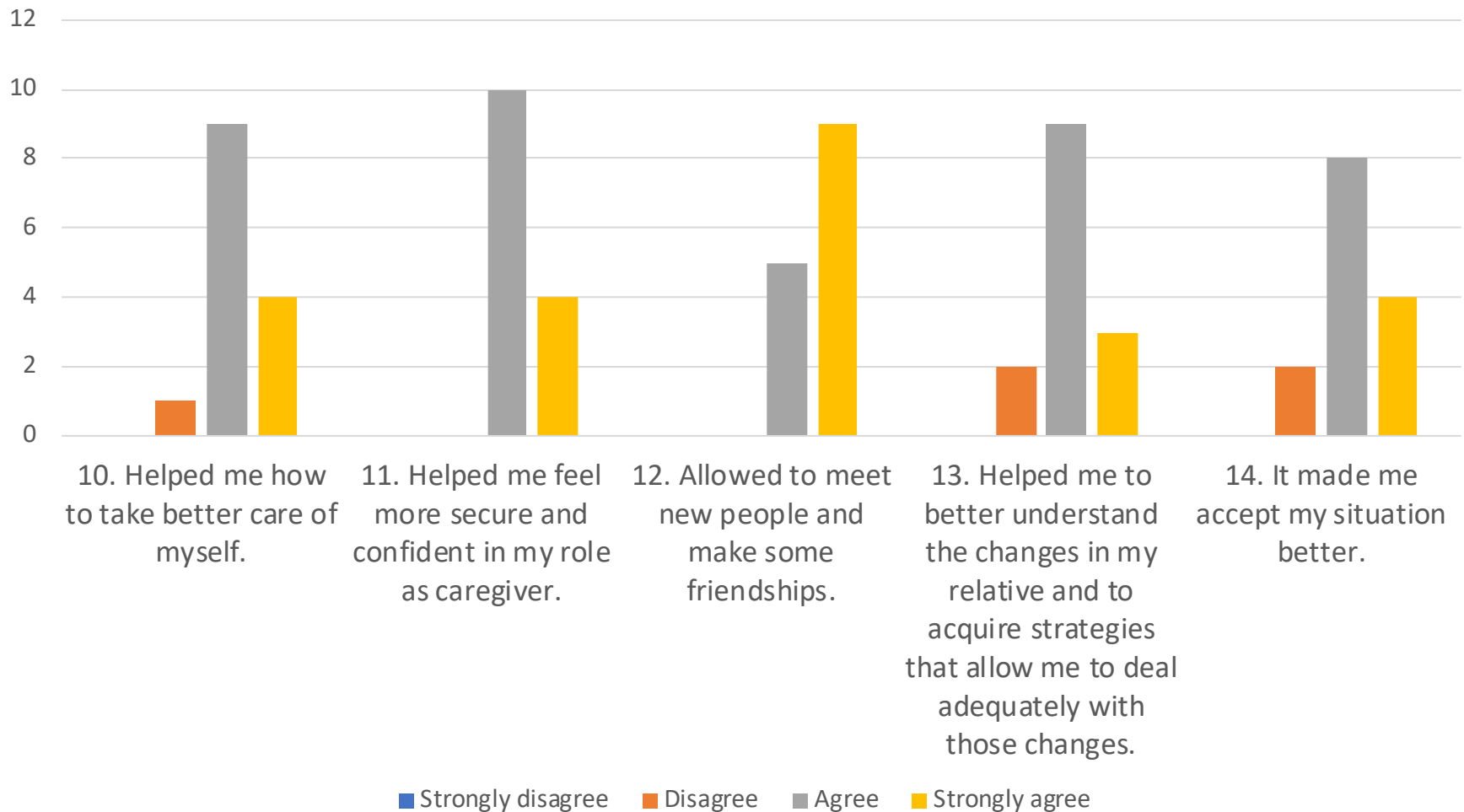
## Satisfaction with MAG [2]



\*Data from 19 participants who filled the post-test questionnaire

# Satisfaction

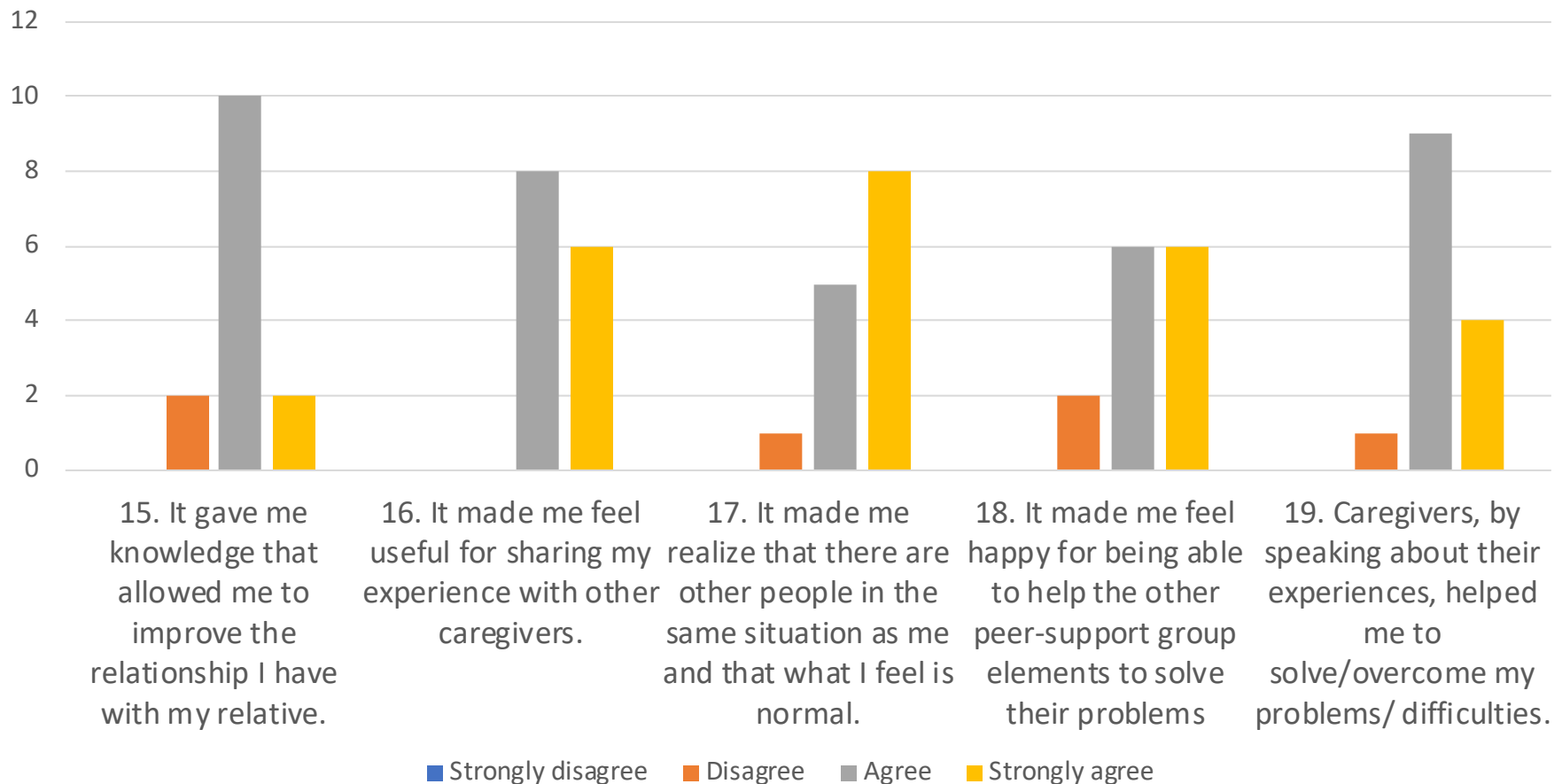
## Satisfaction with MAG [3]



\*Data from 19 participants who filled the post-test questionnaire

# Satisfaction

## Satisfaction with MAG [4]



\*Data from 19 participants who filled the post-test questionnaire

# Satisfaction

*This group helped me a lot, it is the first time I had the opportunity to talk to people tormented by the same anxieties as me, of different ages and from different backgrounds, the common denominator being the fact that we take care of someone dear and sick. I felt like I belonged to a group with similar sufferings. I received encouragement from others, I also noticed different approaches to the issue, I received advice that I will take into account in the future. I looked forward to this meeting every week and after that I always felt more energized, with a reduced emotional burden.*

Romanian female, 37 years, caregiver of her brother/ sister

# Satisfaction

*Knowing people who care for their loved ones in the same situation as my loved one or even in worse situations has made me accept my current life better. My group has been very united and we still feel in a WhatsApp group so we can still share our difficulties and joys. Thank you to everyone who organized this meeting.*

Italian female, 54 years, caregiver of her parent

*Being a caregiver for a person with dementia is not an easy task or unique case. Participating in these case sharing sessions has only further enriched my knowledge.*

*I only have to thank you for the opportunity to participate in these sessions.*

Portuguese female, 63 years, caregiver of her parent

# THANK YOU!



# CASO50+

