

## PRESS RELEASE

## The city of Brussels presents its good practices in the fields of solidarity and domiciliary care to its European partners.

A pioneer in the area, Brussels can rely on innovative initiatives that draw the interest of its neighbours.

On the 2<sup>nd</sup> May 2018 at 18.30, Alain Courtois, Brussels First Alderman and Marie Arnould, Director of the Brussels Assistance Service to Seniors (SASB) will welcome their French, Portuguese, Italian and Romanian counterparts during a reception at the City Hall.

This event forms part of European Project entitled "DARE - Domiciliary Assistance REvisited through Integrated Services" supported through the Erasmus+ programme. Domiciliary Assistance is a large sphere of action where much remains to be done... And we contribute to this by sharing our thoughts and know-how on the topic in order to address the many challenges posed by an ageing population.

Since 2015, SASB has been using, developing and rolling out tailor-made tools for the identification of beneficiaries' strengths and weaknesses and - in doing so - has been offering qualitative support measures adapted to their specific needs. The service has indeed allowed for the rolling application of a set of interventions at the heart of Brussels' districts which help prevent routine approaches. Thanks to the contribution of its partners, the service builds on local networks of protagonists who provide care and support in each neighbourhood, improving thereby the well-being of people remaining at home. This system entails a review of care and support structures as well as of the methods used to provide seniors with the service they need, taking into consideration that the 'life territory' of senior citizens is often located within 300-500 meters from his/her residence<sup>1</sup>. The SASB is proud to be a leading actor in this area!

The presentation of the project will be followed by a networking event. On the 3<sup>rd</sup> and 4<sup>th</sup> May 2018, the SASB will then carry out a programme of activities aiming to introduce the work of its partners as well as the European capital's attractions to a delegation of European stakeholders.

<sup>&</sup>lt;sup>1</sup> Brugière A. Rivière C., Heurgon E., Rosales-Montano S., Tillous M, Projet de vie et de mobilité durable pour bien vieillir dans les territoires en 2030. Rapport final, p. 167, Predit, juillet 2012