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## Developing and valuing the competences of carers

ERWG/EPWG

Our focus & best practices we  
can build on

**The focus proposed should also state that:**

- **Professionals and informal carers should be recognised as equal partners**
- **Training should build on support plans for carers, including the choice not to care at all**

- **Scotland: support plan (rather than needs assessment)**
  - In all planning (personal, societal ) there should be carers reps.
- **Ireland:**
  - Dormant accounts funded training project aimed at carers employability
  - Caring in Confidence programme
  - National Strategy instrumental in galvanising progress
- **Austrian model for migrants live-in care**
- **Finland : caregivers paid by the municipality / step taken towards training**

**Open Doors training**

What measures are missing ?

- Sustainable funding for carers organisations and training projects
- Clearly spelling that training must also be about self-care and resilience (cf projects on YC)
- Ensure training is attainable and attractive enough (for ex with replacement care)
- Train not only care professionals but also health professionals
- Lacking dialogue on how care tasks and responsibility are shared , carers' choice should be at the core
- Formalisation : legal obligations imposed on carers (IR)
- Shift of responsibilities from the Health sector to informal carers
- Too much bureaucracy

# Policy and research directions for Eurocarers

## Research:

- quality/ intimacy
- minorities
- those who say NO
- research on solutions that are good for society and carers
- reaching those who don't label themselves as carers ...



## Policy

- Demand support at a early stage of caring situation
- Open up choices and options so that everyone can combine caring with the life they chose, provided they are willing and able
- Promote policies that are carers lead not carers blind, based on **dialogue** and informed choice, limiting unwanted shift of responsibilities from formal sector to informal carers:
- Formulate guidelines w/r training for carers
- Use the 'economic' opportunities as organisations providing support to carers
- Follow carefully and input Semester/ Recovery process
- Speak about the increasing pressure on carers, adding to the pressure to be in employment and remain in employment longer : push for quick responses to the acute difficulties faced by carers = remain the independent voice of carers, in a triangle with patients and professionals. Focus on rights

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