



## Policy Tour de Table Developments in the Netherlands

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# 2022: Vision on informal care



2023: 5 mln informal carers, 1 out of 3 citizens

2040: almost all citizens will be informal carers

## Main challenges:

- Awareness of the incidence of informal care now and in future
- Weak position of informal carers; not equal partners in care, not seen and heard
- Bureacracy
- Overburdening of informal carers
- Options for respite care are underused; appear not to fit the needs informal carers
- Cooperation with informal carers and their networks
- Mental barriers to call in help
- Growing class inequality; more informal care provided by people with lower economic/social/cultural capital





3 main strategic areas:

1. Recognition of informal carers
2. Connection and cooperation with informal carers and their networks
3. Individual support of informal carers

# 2023: Implementation agenda on informal care



Agenda developed by partner consortium; implementation by this consortium, too

- Ministries of Public Health, Wellbeing and Sport; and Social Affairs
- VNG (association of local governments)
- MantelzorgNL (organisation for informal carers)
- ActiZ (association of long term care organisations)
- Social Werk Nederland (organisation for social care organisations)
- Stichting Werk en Mantelzorg (organisation for informal carers who work)
- JMZ Pro (organisation for young informal carers)
- NOV (association of volunteer organisations)
- ZN (association of health insurance companies)
- Movisie (knowledge support to coalition)



# 1. Recognition of informal carers



- Dvt. of support and leadership programme for employers
- More possibilities for short- and long-term care leave, less bureaucracy
- More awareness of a practical support to young carers in education
- Legal changes that allow informal carers to move in with loved ones, keep benefits
- Aligning housing policies: informal carers on local rental market, 'mantelzorgwoningen'

## 2. Cooperation with informal carers



- Local gvts. and insurance companies support professional carers to take time for informal carers
- Working towards: 'mantelzorgacademies', improving skills of informal carers (a.o. Movisie)
- Better use of e-health options
- Development of training programme for professional carers (a.o. Movisie)
- More structural attention to informal care in nursing and social work educational programmes



### 3. Individual support of informal carers



- Development of innovative forms of respite care, attention to 'respite role' of local services and activities
- Research into respite needs of informal carers in highly demanding/life long informal care relationships
- More options for respite care for these informal carers
- (Ongoing discussion on how to provide *inclusive* support to informal carers, Movisie, MantelzorgNL)

# Mainstreaming of informal care plans

