

Curriculum Vitae

Personal data:

Date of birth 19.07.1975
Place of birth: Bardejov, district of Presov, Slovakia
Nationality: Slovak

Education

2010 – 2015 University of Trnava, masters degree in nursing.
1989 – 1993 Vocational school of health care in Levoca – subj. general nursing

Experiences with focus on health and social care:

Iveta's work experiences in social care system started right after she graduated at vocational school as a nurse in 1993, and began to work as a nurse at privately owned Integration facility for children with mental and physical dysfunction. It had been a very first facility of its kind in Slovakia that time. Apart from a short experience as a nurse in outpatient care later on, she traveled with her family (husband and two children) to the United States as a "green card" migrant, with hope to become a nurse out there. During 22 months stay (2002-2004) she started to work there as a housekeeper, maid at a hotel and babysitter but after few months she became private home carer, as well as carer at Assisted Living Facility in Seminole, Tampa, State of Florida. As family they could not settle down in the USA, due to health issue of her husband, so they returned to Slovakia. Iveta looked for a full time work as a nurse in care home, but there was no need for nurses in care homes, due to the reformation of social care system, which started after Slovakia entered the EU. There were just enough nurses in hospitals as well.

On her journey of care work she worked in England (2004-2008) as self-employed recruiter and training officer of Slovak carers. She also worked as home caregiver shortly in Austria and for the same home care recruiting agency - Cooksbridge Care Services Ltd. in England – the provider of local home care services. While working as a recruiter in Slovakia, she worked as a nurse and carer in a care home of her hometown.

Due to her experiences with care work in general, she was offered to work as a sales representative and training worker of formal caregivers and assisting staff in institutional care with focus on use of incontinence aids and problems of incontinent clients. (SCA Hygiene Products Slovakia Ltd.) She was mapping all providers of institutional social care of the East of Slovakia region.

Since 2016, as a community volunteer of not-for-profit NGO, she'd been helping out to people in need and young people of the very local community. There she experienced ineffectiveness of social care system, bugs of community care, disadvantages of divided health and social care, as well as unequal approach to workers in privat and state or municipal owned social care services. Starts to watch the process of deinstitutionalization.

She'd experienced kind of effective, patient/client/caregiver centered community care abroad so she followed her vision in order to find a way of implementation of good practice into Slovak social system. She became the member of the Chamber of Business, Academic Sector, Education and Civil Society of the Cooperative Council of the Strategic Planning Region of Šariš (SPR Šariš). SPR Šariš is one of three territories of Prešov Self-Governing Region, where she applied for membership in working group in the field of social care and healthcare to be closer and have her say at the regional level while creating the new Strategy of long-term care, where either informal or formal care was not even mentioned. She also became the member of the social and health commission of the hometown Bardejov.

Since 2021, as the member and vice-president of the Chamber of Caregivers of Slovakia (KOS) – along with other healthcare workers experienced in care work and founders of KOS they raise awareness of working and living conditions of carers in Slovakia. They promote the improvement of education, legislation and regulation with the focus on formal and informal caregivers. They promote the support and development of home care services field in the context of long-term social and health care within Slovakia. They aim to raise the social status and improve public opinion on caregivers and assisting staff as an essential element connecting the social and health system in order to make long-term care efficient.

Iveta speaks Czech, English, partially understands Russian language.

Self education :

01/2023 – Online - MVSR NP PP UVS ROS – Participation in the digital era

10/2022 – Online – SOCIA – How to monitor the accessibility of buildings

05/2022 – Online – IA MPSVR – NPDI – Regional professional conference – "Seniors in social services"

03/2022 - Online - MVSR NP PP UVS ROS - Participation and long-term care

01/2022 - Online - Office of the Government of the Slovak Republic - "Project - or as Yes, as No"

01/2022 – Online – SK SPASP – Social services in Slovak legislation

12/2021 – Online – IA MPSVR - NPDI – "The value of a person in social services"

09/2021 – Online – Thematic workshop – Family housing – community form of social housing the new STN for Residential Buildings

08/2021 – Online - IA MSVR SR - NP Support for the development and availability of field nursing services – "Joint municipal office for social services" - online – Certificate "Management in the field of care services"

04/2021 – Online - OZ Terapeutika - Bridges to the world of dementia – Certificate

6,9/2017 – **Institute of Basal Stimulation Ltd.** – Continuous education study program – Basal stimulation – **Module I and II** - concept of stimulation of psychomotor development, perception, communication and mobility of persons with disabilities and seniors with dementia – Certificate of completion

10/2015 - participation in the International Scientific Conference - Deinstitutionalization of social services in the context of helping professions - Michalovce

10/2007 and 1/2008 training for home carers, mediated by Cooksbridge Care Services Ltd, England.

07/2003 CNA Certificate (Certified Nursing Assistant) Florida, USA