ESCAPE

Integrated healthcare for
multimorbid elderly patients

@ESCAPEProjecteu

escape-project.org

Introduction

PROGRAMME:	European Union Horizon 2020
TYPE OF ACTION:	Research & Innovation Action (RIA)
DURATION:	April 2021 – September 2025
COORDINATOR:	University of Southern Denmark
CONSORTIUM:	16 partners in 8 countries
TOTAL BUDGET	€6.1 million
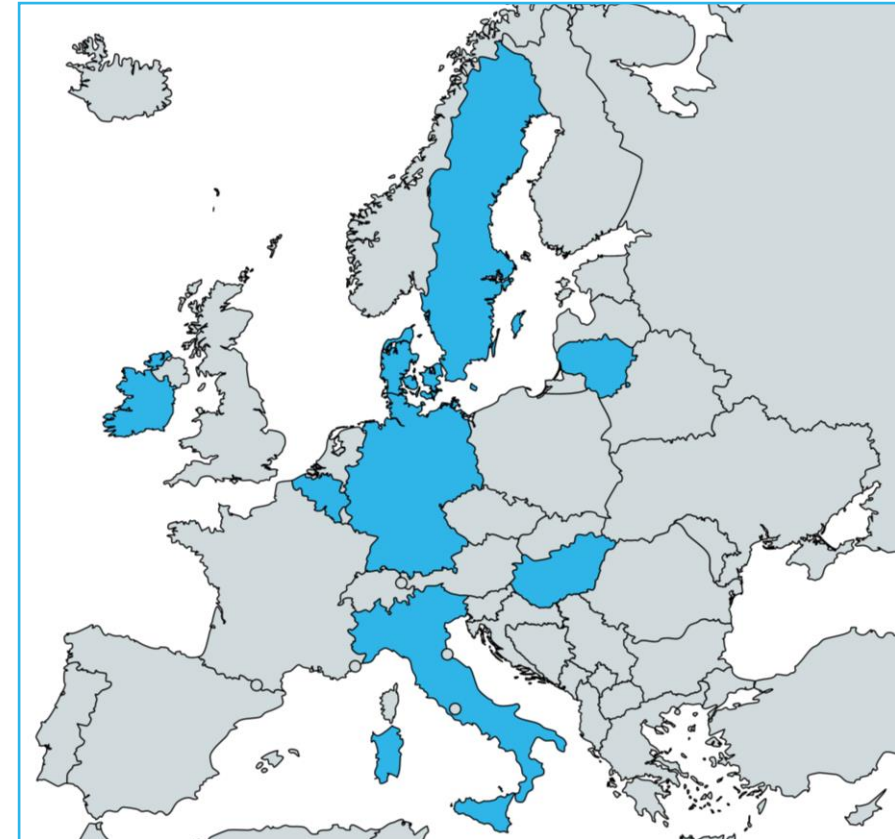
Introduction

Multimorbidity \ *mʌl.ti- mȯr-ˈbi-də-tē* \

Suffering from multiple, chronic physical and mental health conditions at one time

The Facts:

- Multimorbid patients have **complex health requirements**

- **Three out of four seniors suffer** from multimorbidity

- Over **50 million Europeans are multimorbid**

The Challenge

Healthcare systems are organised by individual diseases or body parts

Multimorbid patients and their informal carers need to:

- Navigate through fragmented **'healthcare silos'**

- Manage numerous **treatments, medications,** and **appointments**

- **Communicate with various physicians** about their multimorbidity
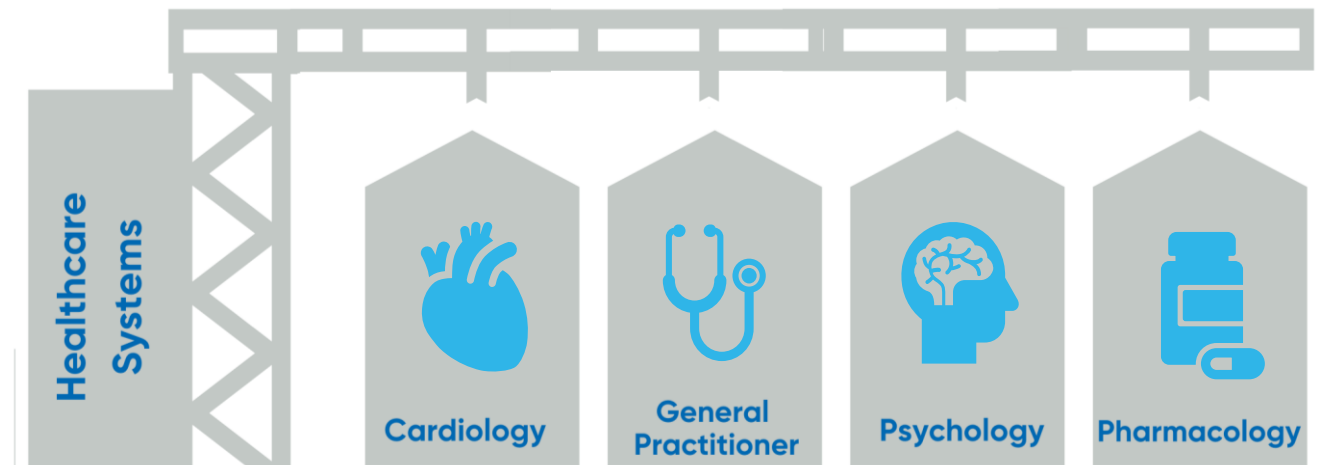
The Challenge

Healthcare silos & complex care pathways result in:

- **Reduced quality of life**

- **Ineffective** or **delayed treatments**

- Negative **drug-drug interactions**

- Financial and logistical **burden on healthcare systems**

Healthcare Systems

Cardiology

General Practitioner

Psychology

Pharmacology
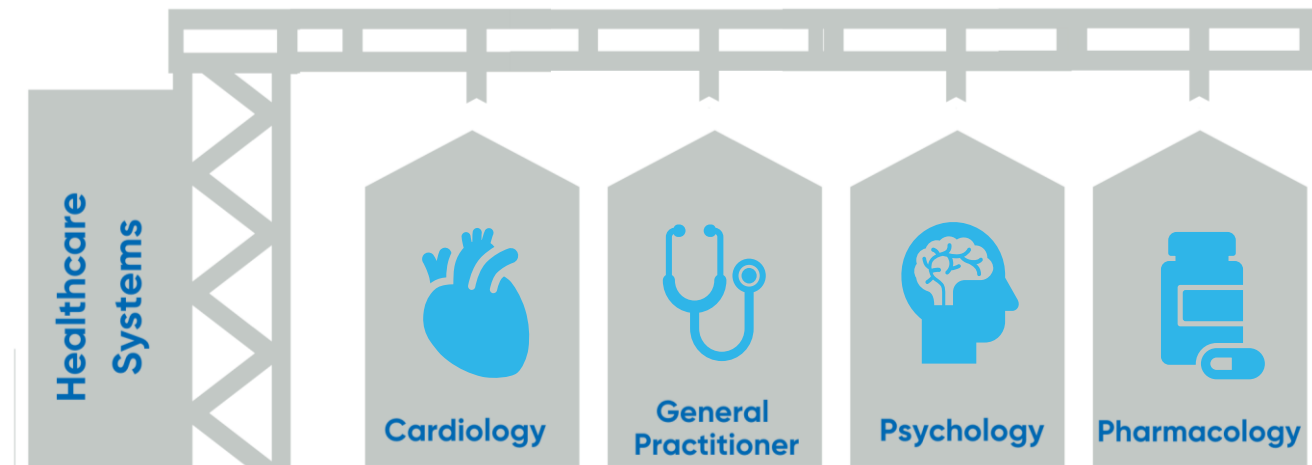
Objectives

The consortium will:

- Create a **holistic, integrated** and **patient-centred approach** for treating multimorbid elderly patients.

- Utilise **eHealth technologies** and multimorbidity data to create integrated treatment plans across six European countries and languages.

- Employ **Care Managers** to liaise between the patient and their specialist team, reducing the care burden faced by informal carers (i.e., spouses and children).

- Outline that the implementation of ESCAPE's blended-collaborative care model is more **cost-effective** for healthcare systems.

- Evaluate the **practicality and acceptance** of ESCAPE's blended-collaborative care model by patients and their carers.

Impacts

The consortium will:

- Promote the **integration of ESCAPE's blended-collaborative care model** into healthcare systems across Europe

- Improve the physical and mental health of elderly patients by:

  - better **coordinating GP appointments**

  - **reducing** negative **drug-drug interactions** and **hospitalisations**.

- **Update outdated Clinical Guidelines and Best Practices** for the management of elderly multimorbid patients.

- **Increase the innovation capacity** of the European health and social care industry.

- **Address the inequality** faced by multimorbid patients based on gender, geography, and socio-economic status.

Impacts on informal carers

ESCAPE as a social innovation will:

- Streamline Communication

- Decrease disease burden for informal carers

- Improve their quality of life

How can we get involved?

- Contact us if you want to learn more

- Check ESCAPE website for news

- Spread the word

- Talk to national policy makers

Thank you!

Nexus:
connecting research, policy and practices to support young carers

Co-funded by the
Erasmus+ Programme
of the European Union

Partner Organisations

- Redial Partnership, **Ireland**

- Anziani E Non Solo Societa Cooperativa Sociale, **Italy**

- Istituto Nazionale Di Riposo E Cura Per Anziani Inrca, **Italy**

- Kinonikes Sineteristikes Drastiriotites Efpathon Omadon, **Greece**

- Eurocarersassociation Europeenne Travaillant Avec Et Pour Les Aidants Nonprofessionnels, **Belgium**

Co-funded by the
Erasmus+ Programme
of the European Union

Project Overview

KA220-YOU - Cooperation partnerships in youth, Round 2, 2022

Project number: 2022-2-IE01-KA220-YOU-000094072

Budget approved: € 250,000 by the Irish National Agency

Project dates: 03/01/2023 to 02/01/2026 – 36 Months

Budget type: Lump Sum

NEXUS Overview

Nexus: connecting research, policy and practices to support young carers project seeks to develop, test and disseminate **a training programme** to provide **youth workers** with the **skills required to engage young persons they work with** in research to make it more participatory, action-focused, participant-led, and ultimately more suitable to support evidence-based policy-making at all levels of governance.

The project will contribute to reinforcing links between policy, research and practice in the youth and welfare sector by **raising awareness on the importance of young carers' involvement in research and policy development** among support workers and by upskilling them.

NEXUS Objectives

- **Give participants the opportunity to work through example sessions that could be run with young carers** in their national contexts through a self-paced MOOC.

- **Develop policy recommendation reports supporting the mainstreaming of project results into the practice, research and policy levels** through a series of creative-methods based workshops.

- **Help the European society evolve** through the intergenerational learning and cooperation between young, adult and older people in the research and policy trainings.

- **Create stronger links among research, policy and practice in youth work** through supporting the capacity and skills of youth workers to inform evidence-based policies at European level.

- **Promote active-citizenship and participation of young persons** that youth workers work with.

TARGET GROUPS

- **Youth workers**, who work with youth with caring responsibilities to facilitate their personal, social, and educational development. They have different academic backgrounds and work either as employees or volunteers.

- **Researchers, and professionals** working in advocacy and policy development and decision-makers at local, national and EU level.

- **Young people with caring responsibilities**: they will be involved in the pilot phase of the project and they will benefit of the upskilling of youth workers.
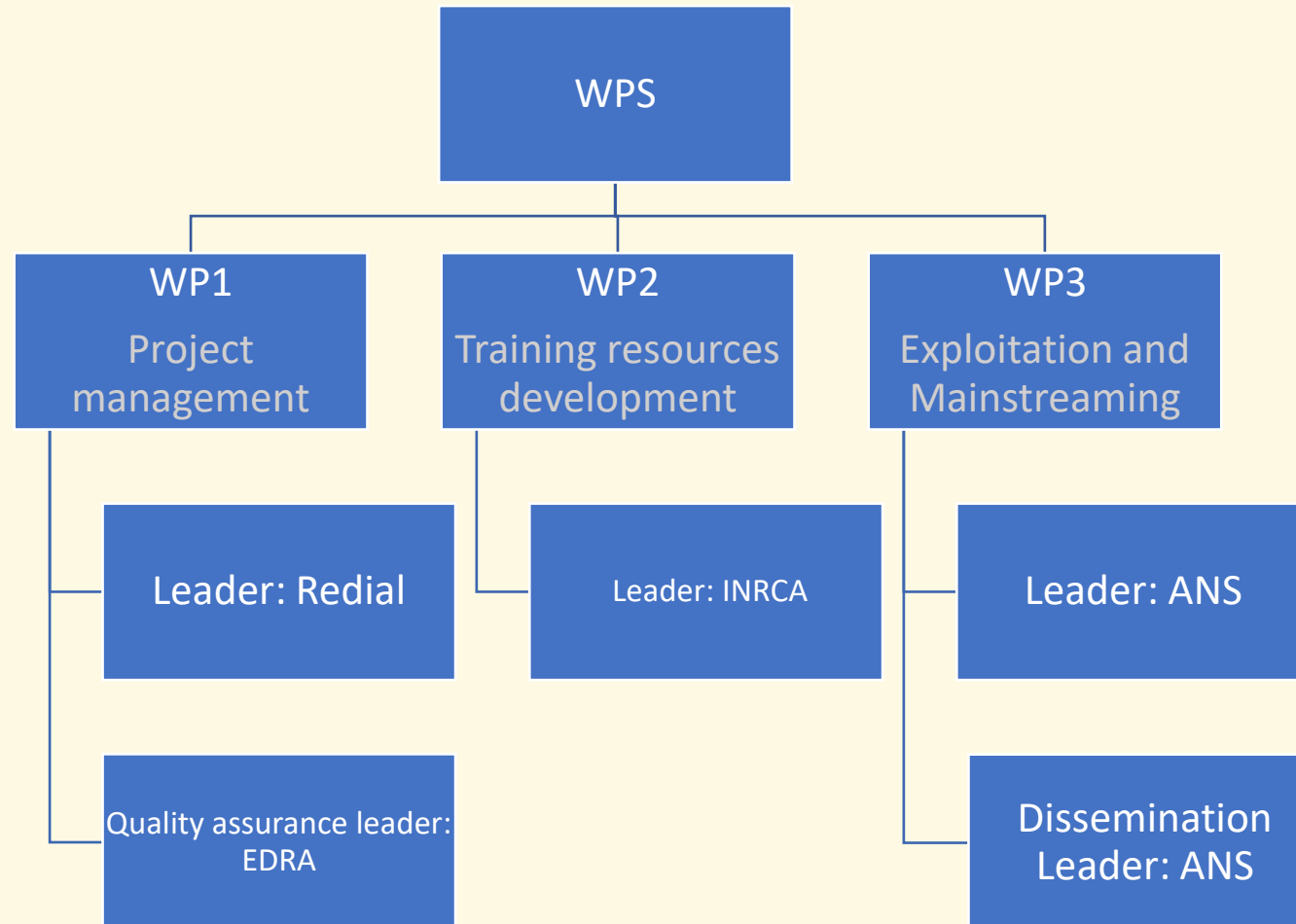
Co-funded by the
Erasmus+ Programme
of the European Union

FINAL DELIVERABLES

- **A developed and tested training programme** covering the basics of participatory research and European policy mechanisms: by the end of the programme, participants will have acquired knowledge, skills, tools, motivation in engaging with academia and advocacy organizations to work together to provide evidence-based policy proposals taking into account the needs of young carers. In parallel, evidence-based research will also help them to reflect and improve their practice with young people with caring responsibilities.

- **A MOOC supplemented by a recommendation report** to ensure that results can be re-used beyond the conclusion of the European funding and accessed by the wider community of professionals and stakeholders across Europe.

Co-funded by the
Erasmus+ Programme
of the European Union

PARTNER ROLES

WPS

WP1

Project
management

WP2

Training resources
development

WP3

Exploitation and
Mainstreaming

Leader: Redial

Leader: INRCA

Leader: ANS

Quality assurance leader:
EDRA

Dissemination
Leader: ANS

EuCa & EYCWG Role

WP	Task	Time
WP 2 – TRAINING RESOURCES DEVELOPMENT	**2.1. Identification of YWs training needs:** Co-development workshop to take place in IE to collect inputs to achieve a shared vision of the WP and of training curriculum and to define macro-learning areas which are going to be explored, detailed and validated during dedicated focus groups with youth workers and researchers to be organized in each country and a **EU-policy makers focus group to be organized by EuCa**. Results will be summarised in a report.	**October 2023**
	2.3. Piloting of the training programme: Recruitment of participants to the piloting (10 per country), delivery of the training programme: first the theoretical part and then the piloting of (supervised) action research around intergenerational caring to apply in practice the concepts learnt. This will include moments of transnational exchanges among learners and the participation to **at least one meeting of the EuCa Young Carers Working Group.**	**01/12/2023 - 31/08/2024**

EuCa & EYCWG Role

WP	Task	Time
WP 3 - EXPLOITATION & MAINSTREAMING	**3.3. Policy recommendation report** EUCA will collect the inputs provided in each national workshop with the goal to develop a recommendation report (in English).	**01/04/2025 - 30/11/2025**
	3.4. Dissemination of project results EUCA will be responsible for the organisation of the final conference in cooperation with REDIAL**.**	**01/09/2025 - 31/12/2025**

Q&A

THANK YOU!