

Research



**EURO
CARERS**
European Association **Working for Carers**

Providing care for a sick, infirm, or disabled person at home in North Macedonia

About Association CDI Macedonia

- The CDI Macedonia is legal entity established in 1996 in order to improve the living conditions and standard of life of the citizens. Today it is national umbrella association for sustainable development, education and social services. CDI is also registered with Ministry of labor and social policy as organization that provides social services in RN Macedonia with number: 2349/9-10 from 15.02.2011

The CDI offer certified programs and training in:

- Daycare support for elderly people
- Daycare support for disabled
- CDI function as resource center for service providers

Legislation

- In RN Macedonia, there is no specific law regarding informal or unlicensed caregivers for sick, infirm, or disabled person at home, but there is a small financial aid.
- A person over 26 years of age, with a moderate, severe or profound intellectual disability, a person with a more severe and severe physical disability, a person who is completely blind, as well as a person with permanent changes in their health condition, has the right to compensation for attendance and care from another person, due to the fact that he/she cannot perform the basic activities of daily life alone if he cannot exercise this right based on other regulations.
- The amount of the monthly allowance for help and care from another person on a larger scale is MKD 4711 (about 75 EUR), aligned with the increase in the cost of living for the previous year, published by the State Statistics Office, in January for the current year.
- The amount of the monthly allowance for help and care from another person on a smaller scale amount to MKD 4168 (about 68 EUR), aligned with the increase in the cost of living for the previous year, published by the State Statistics Office, in January for the current year.

Survey

- This survey is not intended for persons who are licensed caregivers (providers of service, assistance and care in the home) and/or are part of the measure Assistance and care from another person (other care). The survey is exclusively intended for persons who informally, within the family and the immediate environment, provide care/care to those who need it and are not paid for it by the state.
- In 2022, a survey was conducted where 43 people who are not licensed caregivers participated, and those people we managed to get several key insights regarding providing care for a sick, infirm, or disabled person at home and the challenges they face.
- From the results obtained from the survey where 43 people participated, 41 were women and only 2 were men. Among them, the youngest surveyed participant was 20 years old and the oldest was 66 years old. On average, the age of the respondents ranged from 40-50 years.

Survey results 1 (key points)

- Gender:

- 95% Female

- 5% Male

Participants' Age range:

20-30 old 4 participants

31-41 old 6 participants

42-52 old 17 participants

53-59 old 11 participants

61-66 old 5 participants

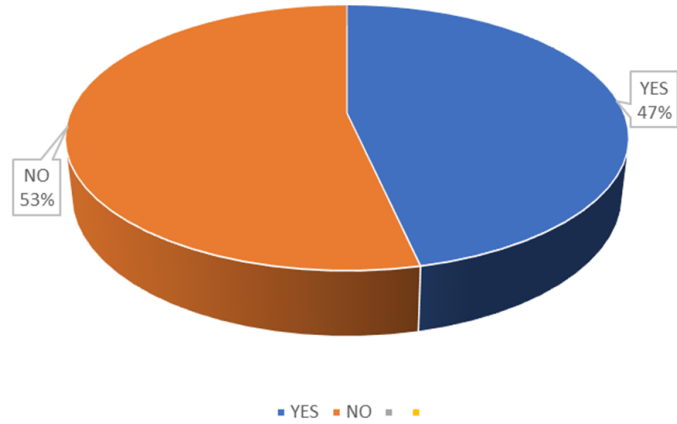
Survey results 2 (key points)

- Employed: 20.47%
- Unemployed: 23.53%
- Retired: 53%

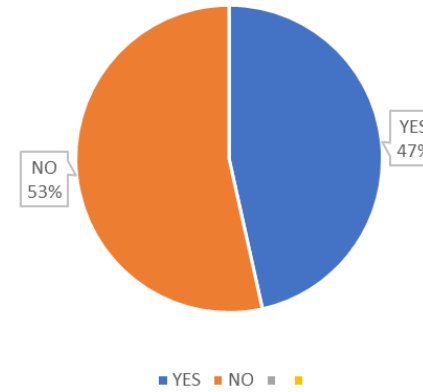


Survey Key results 3

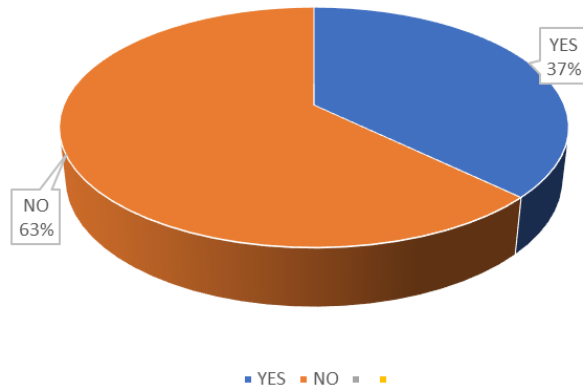
Are you in regular employment?



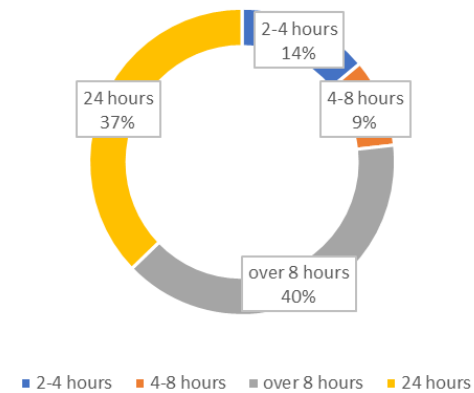
Do you need to be absent from your workplace in order to provide care for your protégé?



Have you ever had to quit your job (become unemployed) to provide care for your protégé?

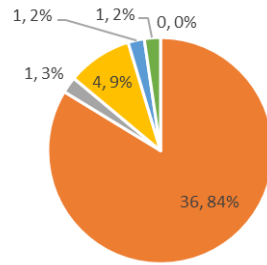


How many hours a day you spend providing care for your protégé?



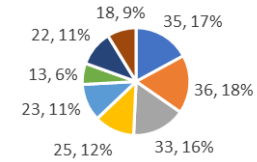
Survey Key Points 4

Are you paid for your work/care by the person you are providing care for or by some other state institutions?



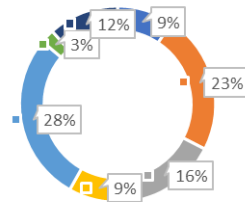
- By the person I am taking care for
- Only 4700 denars
- Not paid, because my protégé had 0 income
- Not paid
- By other state institutions
- My protégé lives with me and has pension

What are your tasks regarding your protégé



- Purchase of products for personal hygiene, food and medicine
- Maintaining personal hygiene for the protégé and their household
- Assistance in taking their medicine
- Assistance with moving in and out of the house
- Measuring blood pressure
- Help with changing the diapers
- Assistance in using the toilet and performing physiological needs

What is the one essential thing you need in order to provide appropriate care for your protégé?



- Medical devices
- 3rd person assitance (a professional)
- Training
- Professional assitance
- Finacial aid
- Help in general
- Medications