

Cuidadores Portugal

Eurocarers Research Working Group // Ancona, Italy, 30 November - 1 December 2023

Bruno Alves



- Activities

Policy

- Working Group of the Portuguese Social Ministry to monitor the implementation of Carers legislation

“Focus Groups to assess carers needs and quantitative data base analysis”

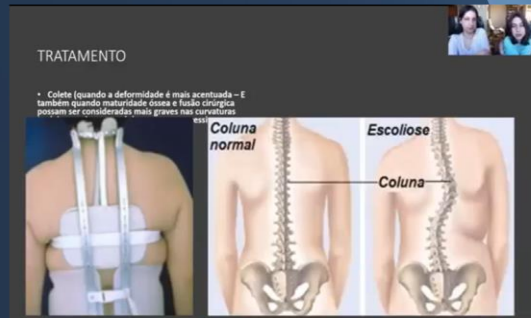


- Activities Support

- Social Innovation Program “Young Carers”

- Psychological Support
 - Learning Support
 - Leisure activities
 - Health Support

- Screening more 9000 students
 - Identify and Support more than 110 young carers in 3 years



Objetivos

ENSINAR E CAPACITAR
sobre os cuidados à ostomia de alimentação, na administração de alimentação e medicação (quando necessário).

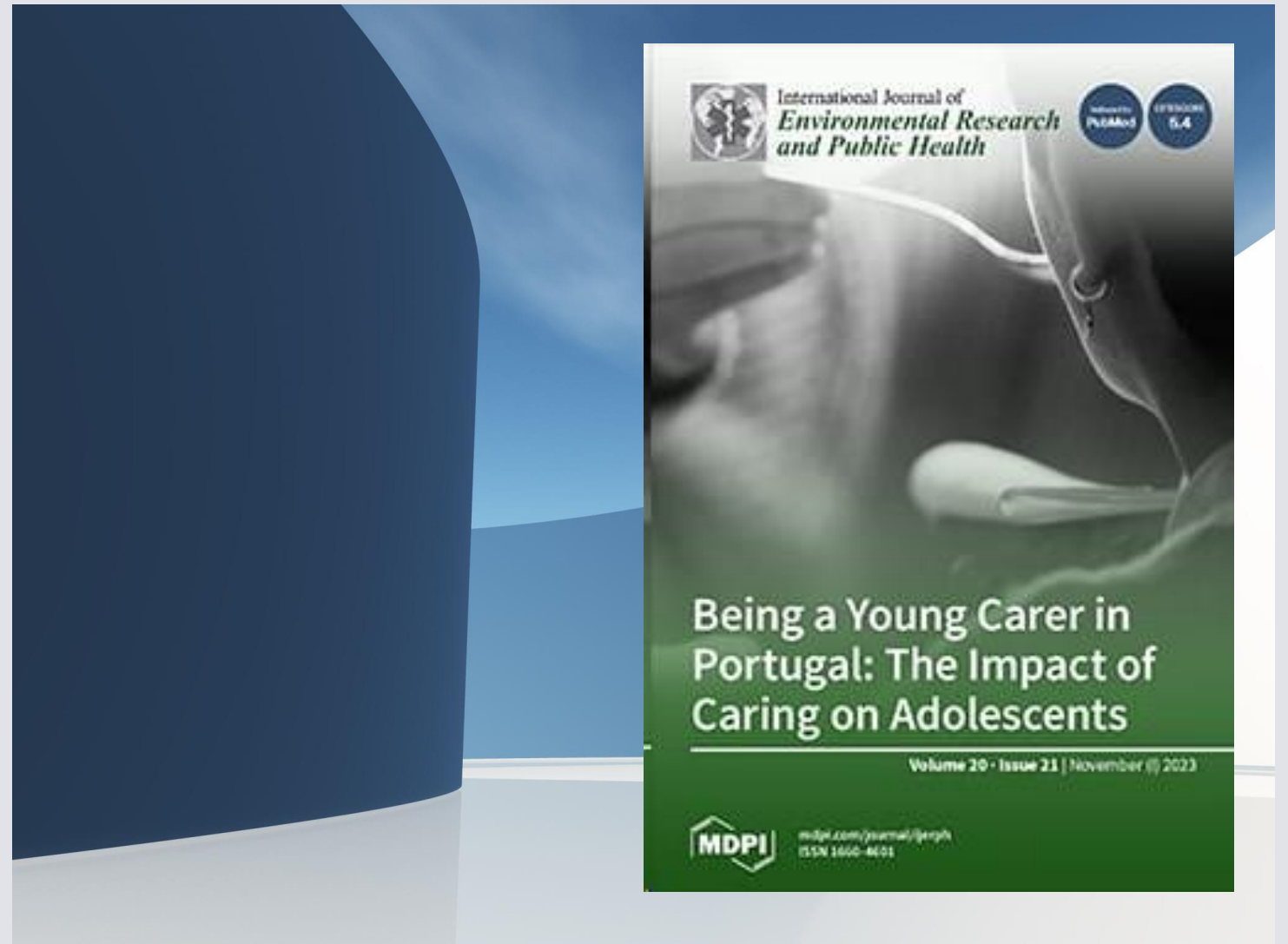
RECOMENDAÇÕES E CUIDADOS
cuidados à pele e estoma, cuidados com a sonda/PEG, cuidados após a colocação do botão gástrico, sinais de alarme e precauções com a sonda.



- **Activities Research**

2023: Caregiving in adolescents appears to be linked to lower life satisfaction, but this effect is determined by their **social support, academic functioning, and negative impact of caring**, which in turn depends on their **family functioning and amount of caring activities**.

Created a Program that impacted more than 110 Young carers



- **Activities
Research**

**2022:
Healthcare Services and
Formal Caregivers's
Psychosocial Risk Factors:
An Observational Study**

Observational Study > Int J Environ Res Public Health. 2022 Apr 20;19(9):5009.

doi: 10.3390/ijerph19095009.

Healthcare Services and Formal Caregiver's Psychosocial Risk Factors: An Observational Study

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Affiliations + expand

PMID: 35564402 PMCID: PMC9105897 DOI: 10.3390/ijerph19095009

Free PMC article

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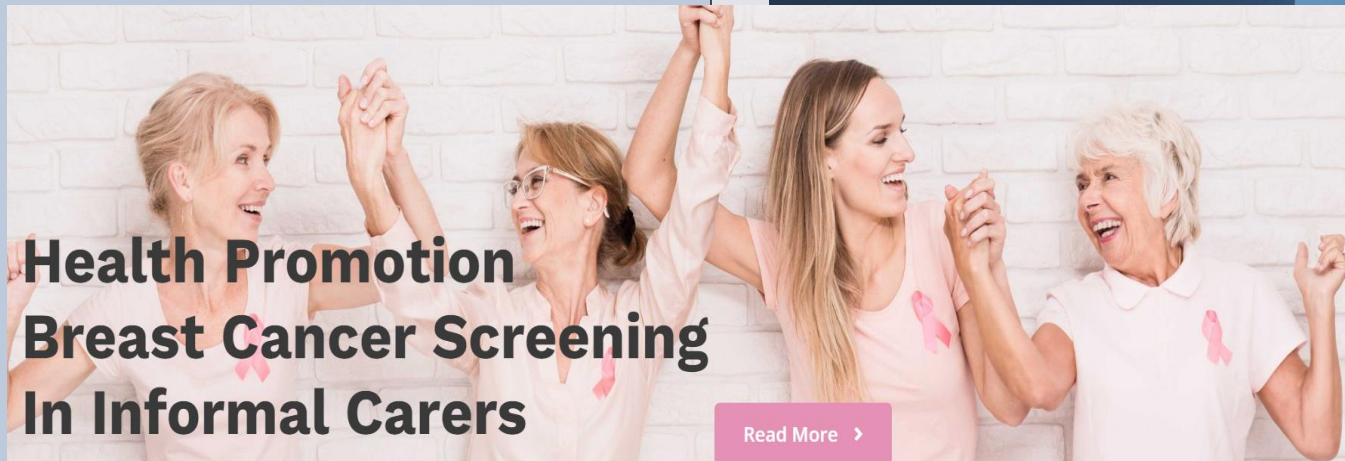
[Cite](#)

- **Activities
Research**

2019: Erasmus Project

Prolepsis

Developed an APP,
training course based in
research



**Health Promotion
Breast Cancer Screening
In Informal Carers**