

Meeting of the Eurocarers research working group

#EUCareStrategy



Valeria Spazzoli

Policy officer Long-Term Care

Unit D2- Social protection - DG Employment , social affairs and inclusion,



Stefania Ilinca

Technical Officer Long-term care

WHO Regional Office for Europe



LTC Recommendation

Affordability

Social protection so that LTC is

- timely,
- comprehensive,
- adequate

1

Availability

- more services & more options
- home care & community-base care
- territorial gaps
- innovative & digital solutions
- accessibility

2

Quality

- quality principles
- quality assurance elements

3

Carers

- formal (working conditions, skills needs and worker shortages, social dialogue)
- **informal (mapping carers, support, e.g. training, counselling, respite care)**

4

LTC recommendation –informal carers

- MS invited to establish clear procedures to **identify** informal carers and **support** them in their care giving activities by:
 - Facilitating cooperation with LTC workers
 - Supporting access to training incl. OSH, counselling., healthcare, psychological support and respite care, as well as supporting them in balancing work and care responsibilities
 - Provide access to social protection and/or adequate financial support, while not deterring labour market participation

European Care Strategy - EU-level actions

Services

- LTC recommendation
- Technical assistance (TSI)
- International cooperation (WHO, OECD)
- Innovation (Horizon Europe)
- Digitalization (Digital Europe)

1

Workforce

- Working conditions and social dialogue
- Attracting more workforce
- Skills
- **Better work between care and work responsibilities: Support for informal carers with WHO, Work-Life Balance Directive, ...**

2

Funding

- Funding for care is investment, not cost
- Ensure adequate investment in care
- Promote public and private investment in care
- EU funds for care

3

Evidence and monitoring

- Improving data, task force on LTC statistics
- Projections on demand for care
- Research (Horizon Europe)
- Policy monitoring (European Semester)
- Mutual exchanges and learning

4

Strategic directions for transforming long-term care systems in the European region



Informal caregivers

Support services, training, improving social protection



Care workforce

Working conditions, workforce planning, recruitment and retention, development of training curricula



Quality management

Quality standards (adapted to each care setting), strategies to promote quality improvement



Tech & data infrastructure

HIS interoperability, data collection, monitoring, standardized indicators, digital solution for cost containment & remote populations

Integration HC/LTC



Care pathways, common standards and procedures, funds pooling and training of managers and planner on integrated care delivery

Sustainable financing



Cost projections, revenue raising, financial reviews and budgeting processes

Local capacity building



Coordination of service delivery at local level, training for local decision-makers, knowledge exchange and support for local financing and budgeting processes

Needs assessment



Standardized needs assessment instruments, comprehensive assessment



The Lisbon Outcomes Statement

We call for:

- prioritization of **preventive measures for physical, social and mental well-being**, ensuring availability of support and services throughout the life-course through;
- creation of **enabling environments**, including age-friendly cities and communities, to empower individuals across the life-course to engage with their communities, and improvement of service accessibility;
- provision of **accessible, affordable, high-quality care and support for older people, their caregivers and families** across care settings, encompassing primary health care, hospitals and long-term care, while **integrating all levels of care within a continuum**;
- effective implementation of policies to leverage the potential of older people; and
- strong data and evidence to inform actions that foster healthy ageing



Lisbon Outcome Statement: Regional summit on policy innovation for healthy ageing in the WHO European Region

10-11 October 2023
Lisbon, Portugal



Thank you!



EMPL-LTC@ec.europa.eu

EUROLTC@who.int

