



Univerza v Novem mestu Fakulteta za zdravstvene vede



RESEARCH PROJECT: Promoting careers in long-term care (V3-2243)





Eurocarers Annual General Assembly, Brussels, 21-22.5.2024

The purpose of

present the findings of a qualitative study on the factors hindering and promoting employment in LTC.

to present measures and initiatives to promote employment in the LTC sector by key actors in the LTC sector.

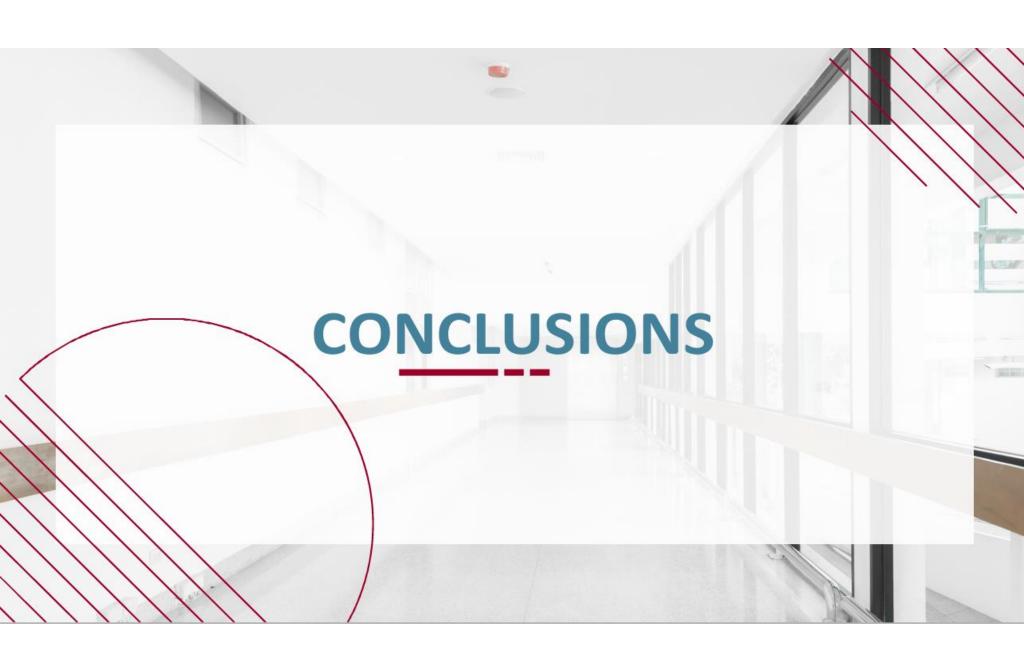
Methods

Qualitative approach with in-depth semi-structured interviews and focus groups:

- 13 in-depth interviews with DO users (care recipients and their informal carers)
- 6 focus groups (49 participants)
 - 2 focus groups of staff from the institutions involved in the LTC pilot studies
 - 1 focus group of other social care institutions and concession holders
 - 2 focus groups with LTC workers
 - 1 focus group with former LTC employees, pupils, students and unemployed
- 8 semi-structured in-depth interviews with experts, scientists and other stakeholders

Topics of discussion

- Factors hindering employment in the field of LTC in Slovenia
- Factors promoting employment in the field of LTC in Slovenia
- Urgent measures to attract and retain employees in the field of LTC
- Initiatives on the promotion/popularisation of LTC jobs in Slovenia



Barriers to employment in the LTC

Macro level

- poor social awareness of the importance of (integrated)
 LTC, societal neglect of LTC and itsworkers,
- underfunding of the LTC sector,
- outdated LTC system,
- outdated HR standards and normatives, rigid recruitment and promotion system,
- bureaucracy,
- inadequate education.

Mezo level

- · poor leadership,
- · lack of problem-solving
- attitudes, lack of motivation,
- poor working relationships,
- limited career progression opportunities, lack of
- training and scholarships.

Micro level

- poor relationships within the care team,
- inadequately organised and paid internships for students.

Employment drivers in the LTC

Macro level

 examples of other comparable difficulties demonstrating the potential for developing integrated LTC, job security, a fixed salary with benefits.

At the level of the institutions

- good leadership of individual institutions,
- timely problem solving,
- motivational attitude,
- career development for staff through for example paid tuition fees.

Micro level

- good relations between employees,
- positive user attitudes towards staff,
- personal satisfaction,
- proximity to the workplace.

Employment measures

Macro level

- to improve the image of the LTC workforce and increase funding for LTC, change of HR standards and regulations,
- ensuring competitive wages, additional recruitment of skilled people,
- more autonomy and flexibility while working, benefits such as shorter working hours and extra leave, better technology,
- de-bureaucratising employment.

At system level

- measures related to training and professional development opportunities for staff, consideration of changing the limit on national vocational qualifications,
- · ensuring higher enrolment in secondary and higher education programmes,
- · improved organisation of internships for school and university students.

Mezo level

- improving the working atmosphere,
- creating a supportive and respectful working environment,
- · motivating staff, promoting career
- development,
- · training to improve safety at work,
- · introducing psychological support,
- · encouraging open communication,
- promoting work-life balance.

Micro level

- encouraging good relations between employees,
- respectful attitude towards pupils, students and trainees.

MEDIA ANALYSIS OF PUBLICATIONS ON LTC WORKFORCE

The media play a key role in communicating about professions in long-term care.

Understanding the media's reporting on the long-term care sector is important, as **the media contribute significantly to shaping people's opinions and behaviour** by covering certain topics and the way they are covered.

The purpose of

 to find out how the Slovenian media have represented long-term care professions.

Method

Critical discursive analysis

- The analysis included 42 articles published from 1 January 2022 to 1 March 2023 on online news portals.
- The phrases "long-term care" and "occupation" in all forms.

RESULTS:

Shortage of workers in the LTC

Reduction of accommodation capacity in social care institutions due to shortage of workers

THERE IS A SHORTAGE OF HEALTH CARE WORKERS

(in particular carers, nurse)

Problems in LTC

- Outdated HR standards and regulations,
- low wages,
- unfavourable working hours,
- workplace relations,
- inadequate working conditions,
- inadequate work equipment,
- mental and physical overload,
- bureaucratisation of work.

Workers are marked positively as:

"victims": overworked and burnt out

In two contributions, also negatively:

"violent": violence against people in need of care
"non-serious": taking advantage of sickness
absences



HR IN LONG-TERM CARE

WHERE DO WE GO FROM HERE?