

Meeting of the Eurocarers Research Working Group

11-12 November 2024, Gran Canaria – Spain

Elba Vecindario Aeropuerto Business & Convention Hotel / Room La Palma

Draft Agenda

Day 0: Sunday 10th and morning of Monday 11th November 2024

Arrival of participants

Day 1: Monday 11th November 2024 - Half Day (12:30 – 17:30)

12.45 - 14.00 Welcome lunch and Registration (Room La Gomera)

- Informal networking and introductions

14.00 - 14.30 Welcome and Opening Remarks

Henk Nies, VP Research (Vrije Universiteit Amsterdam) and Stecy Yghemonos (Eurocarers)

- Overview of the agenda objectives and meeting structure
- Introduction of participants/Icebreaker (Quick tour de table - Each participant shares a personal or professional experience related to carers that motivates their work)

14.30 - 15.30 Thematic Panel Discussion 1: Policy and Regulation

- Presentation (10 min): "Development of the Carers Guarantee in Ireland", Robert Anderson – Family Carers Ireland
- Presentation (10 min): "Carers Regulation in Italy: An Analytical Overview", Georgia Casanova - INRCA
- Roundtable Discussion (40 min): Exploring how different national frameworks address carers' needs and where improvements can be made

15.30 - 16.00 Coffee break

16.00 - 17.00 Workshop: Co-creation in Carer Support

- Presentation (15 min): "Co-creation: A New Approach in Carer Support", Nina Beate Andfossen - Centre for Care Research (Norway)
- Group Activity (45 min): Break into 5 smaller groups to discuss how co-creation could be applied in the context of supporting carers. Groups will present their ideas in a 2-minute pitch.

17:00 – 17:30 Day 1 Wrap-up and Preview of Day 2

- Summary of key takeaways from the day.
- Brief overview of Day 2 agenda and goals.

19.30 Group Dinner

Venue to be confirmed

Day 2: Tuesday 12th November 2024 - Full Day (09:00 – 13:00 and 14:00 – 17:30)

09.00 - 10.00 Interactive Session: Informal carers – Beyond Academia

- Presentation (10 min): "Informal carers and Their Impact Outside Academia", Fay Benskin - Centre for Care, University of Sheffield
- World Café (50 min): Three themed discussions on:
 1. The social contributions of informal carers
 2. Positive Aspects of Informal Caregiving
 3. Community-based solutions for supporting informal carers

10.00 - 10.45 Case Study Analysis: Making Caring a Protected Characteristic

- Presentation (15 min): "Making Caring a Protected Characteristic: The Case for Change", Melanie Crew – Carers UK
- Group Discussion (30 min): Should caring be recognised as a protected characteristic? How might this be implemented in different national contexts?

10.45 - 11.15 Coffee break

11.15 - 12.30 Thematic Panel Discussion 2: Wellbeing of Carers and LTC Workers

- Presentation (10 min): "WELL CARE Project – Mental Health and Wellbeing of Carers", Henk Nies – Vrije Universiteit Amsterdam (Netherlands)
- Presentation (10 min): "Research Projects: Building Support Networks for Carers", Cristina Perdomo – ACUFADE (Spain)
- Presentation (10 min): " Digitalisation and research on informal care in Slovenia", Ana Ramovs – Anton Trstenjak Institute (Slovenia)
- Group Debate (30 min): How can we better invest in the mental health and wellbeing of informal carers and long-term care workers?
- Interactive Polling (10 min): Participants will vote on the most impactful strategies for supporting carer wellbeing.

12.30 - 14.00 Lunch Break

14.00 - 15.00 Focus Group: Accessibility of Information and Services

- Presentation (10 min): "Improving Accessibility for Carers: Key Insights", Laura Kallioma-Puha - Tampere University (Finland)
- Presentation (10 min): "Missed Care and unmet needs", Nina Beate Andfossen - Centre for Care Research (Norway)
- Focus Group Discussions (25 min): Small groups discuss how accessibility challenges can be tackled, especially for marginalised carers.
- Report Back (15 min): Groups share their findings with the larger audience

15.00 - 15.45 Thematic Presentation and Discussion: Position Paper on LGBT Carers



- Presentation (15 min): "Position Paper on LGBT Carers: Key Findings and Recommendations", Giulia Lanfredi - Eurocarers
- Open floor for participants to provide input on the content and recommendations (30 min): How can we ensure that the needs of LGBT carers are recognised and addressed in carer support systems across Europe?

15.45 - 16.00 **Coffee Break**

16.00 - 16.45 **Interactive Session: Innovative Projects and Collaborations**

- Presentation (10 min): "SOUND Project – Music-based Therapeutic Interventions for Dementia Care", Sara Santini – INRCA (Italy)
- Presentation (10 min): "Carers Support in Greece", Marina Makri - Greek Association of Alzheimer Disease and Related Disorders
- Interactive Q&A Session (25 min)

16:45 – 17:00 **Day 2 Wrap-up and Next Steps**

- Summary of key takeaways from the day/event.

END OF MEETING



Co-funded by
the European Union